

A photograph of three young people sitting on a couch in a casual setting. A woman with long blonde hair and glasses is smiling and looking towards the left. A man in a dark jacket is gesturing with his hand. A woman with dark hair and a hat is looking towards the camera. The background is a plain wall with a framed abstract painting.

want to make a difference in the lives of young people?

**Do you have an interest in mental health?
Love being involved in your community? Want to have input into
the services, programs and events at headspace Ashfield?**

We are looking for committed and passionate young people
to join our Youth Reference Group for 2020.

You may have experienced mental health challenges, or know someone who has,
and you're keen to get involved and support our local young people
and promote the service in the area.

Complete the attached application form and send it to acarroll@newhorizons.org.au
or contact Lexi Carroll on 02 9193 8029