covid-19 testing

We've all enjoyed seeing restrictions ease, so let's work together to keep it that way.

For COVID-19 rates to remain under control, we all need to do our part and get tested with even the mildest of symptoms, even after vaccination. High testing rates give us certainty that there are no undetected lines of community transmission.

This means that the more we test, the more certain we can be that we're finding all active cases of COVID. So, encourage your family & friends to get tested early too!

If you have even the mildest of symptoms, don't wait to see how you feel tomorrow. Don't take some medication and wait a few hours.
Go out and get tested now.
Once you've been tested, isolate until you receive a negative result. Testing is FREE, and you don't need a Medicare card.

Please also monitor the NSW Health website for updated case locations, and remember to stay 1.5m away, practice good hand hygiene, and wear a mask in those indoor settings where you can't physically distance.

Scan the QR code to head to our website with more information on covid testing and vaccines.

Connect: headspace.org.au/bankstown