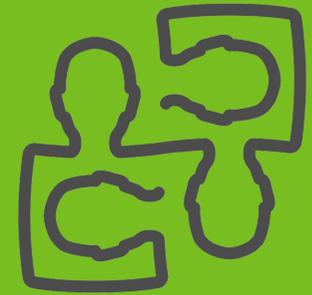


volunteer with us



headspace
Bentleigh

expressions of interest are open for:
headspace early psychosis
Youth Peer Volunteers



What is a Youth Peer Volunteer?

headspace early psychosis Youth Peer Volunteers are young people who have a lived or living experience of:

accessing support for mental health challenges **or** drug and alcohol issues **or** their social and emotional well-being **or** homelessness

and

who are committed to participating in volunteer opportunities with headspace early psychosis

What does a Youth Peer Volunteer do?

headspace early psychosis Youth Peer Volunteers are provided with training and support **to learn how to:**

- reflect on their experiences and purposefully share their story to:
 - break down stigma
 - role model help seeking behaviour
 - provide hope to young people going through a tough time
- uphold Peer Values in relationships
- connect with young people in headspace groups from a Youth Peer Support Framework

What Training and Support is provided?

Youth Peer Volunteers are provided with the opportunity to participate in:

- 5 Day Youth Peer Support Training
- Group Supervision
- 1:1 Supervision
- De-briefs after all opportunities
- Individual Learning Plans
- The annual headspace volunteer celebration
- other training, professional development and opportunities at headspace

Who can apply?

We encourage applications from all young people, particularly the voices of young people who are:

- Aboriginal or Torres Strait Islander
- LGBTIQ+
- from migrant or refugee backgrounds
- young men
- living with disability / disabled

how to apply?

Before you apply please:

read the position description

To apply:

Complete the expression of interest form
on our website before 15 January 2023

headspace.org.au/headspace-centres/bentleigh/

Questions to:

Ash Thornton (they/them)

Youth Engagement Coordinator

a.thornton@alfred.org.au or 9076 9400

what are the key dates?

Expressions of interest open

Friday 16 December 2022 to Sunday 15 January 2023

Interviews (in person or online)

Late January 2023

Training for successful applicants

late February/March 2023

Start volunteering

April 2023