# ALOFUS

Sexual & Gender Identity



GAY Someone attracted to the same sex; usually a male attracted to another male but females can identify as gay as well. HETEROSEXUAL Someone attracted to people of the opposite sex.

LESBIAN A Female attracted to another female.

BISEXUAL: When someone is attracted to both men and women.

> POLYSEXUAL Someone who is attracted to more than one gender.

#### CETEROSEXUAL Someone who experiences sexual and/or romantic attraction to non-binary people.

DEMISEXUAL. A person who does not experience sexual attraction unless they form an emotional connection. It is more commonly seen in, but by no means confined to, romantic relationships. The term demisexual comes from the orientation being 'halfway between' sexual and asexual. OMNISEXUAL Those who identify as omnisexual are attracted to all genders and sexualities equally.

PANSEXUAL , Someone who is sexually attracted to a person of any gender or sex.

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GREY ACE Those who identify as grey ace tend to lean towards the more asexual side of the sexual/asexual spectrum. POLYAMORY The practice of engaging in multiple sexual relationships with the consent of all the people involved.

TRANSGENDER FEMALE A female who was assigned male at birth. TRANSGENDER MALE A male that was assigned, female at birth.

#### ASEXUAL An individual who has no sexual feelings or desires.

AGENDER Relating to a person who does not identify themselves as having a particular gender.

#### INTERSEX

A person born with a combination of male and female biological characteristics, such as chromosomes or genitals, that can make it difficult for doctors to assign their sex as distinctly male or female. Therefor, the gender is classified as intersex. GENDERFLUID A term used for individuals who do not identify as one gender. That is, one day they will wake up feeling feminine. other days they may feel more masculine.

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'BIGENDER Someone who identifies as having two gender indentities.

TRIGENDER Someone who identifies as trigender may identify as two or more genders at a time. Trigender falls under the general category of genderqueer or androgyny, a gender that goes beyond the normal binary gender system and tends to be a catch-all place for other gender identities. INTERGENDER Used to describe individuals who may feel midway between male and female.

PANGENDER A non-binary gender defined as being more than one gender. A pangender person may consider themselves a member of all genders.

GENDERQUEER To exist in a way that may not align with heterosexual or homosexual norms. Someone who identifies as genderqueer may fall outside of, or fall in between, or fluctuate among the binary gender catergories of man and woman. People who identify at genderqueer often experience their gender as 'fluid', meaning it can shift and change at any given time. Genderqueer can also describe a position of questioning one's gender identity during a particular period of time or in an ongoing way;

ANDROGYNE The combination of masculine and feminine characteristics. Usually used to describe individuals who have no specific gender. Gender ambiguity may also be related to fashion, gender identity, sexual identity and/or sexual lifestyle.

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HOMOROMANTIC Someone who is attracted to the same sex romantically, but not sexually.

BIROMANTIC -Someone who is attracted to two genders romantically, but not sexually. DEMIGIRL A gender identity describing someone who partially, but not wholly, identifies as a woman, girl or otherwise feminine, regardless of their gender at birth. They may or may not identify as another gender in addition to feeling partially a girl

or woman.

DEMIBOY A gender identity describing someone who partially, but not wholly, identifies as a man, boy

PANROMANTIC Someone who is attracted to most genders and sexualities, but not in a sexual way.

AROROMANTIC An individual who doesn't experience romantic attraction. Those who identify as aromantic do feel platonic love however, similar to that shared between a mother and child for example.

NON-BINARY A catch-all category for gender identities that are not exclusively masculine or feminine. or otherwise masculine, regardless of their assigned gender, at birth. They may or may not identify as another gender in addition to feeling partially a boy or man.

QUESTIONING The questioning of one's gender, sexual identity, sexual orientation, or all three, is a process of exploration by individuals who may be unsure, still exploring and/or concerned about applying a social label to themselves.