



Connecting young people

information for employers

Individual Placement and Support (IPS)

The IPS team at headspace Geelong can introduce young people who are a good match to your business. Our specialists will be there to support both you and the young person at every step of the journey.

We support employers by:

- Connecting you to young people looking for work who align with your business goals, values and culture
- Saving you time and money in the recruitment process
- Supporting young employees' mental health and wellbeing
- Providing on the job support for young people going through a tough time

How does our program differ?

IPS brings work opportunities to young people experiencing mental health challenges. We work together with the employer to strengthen the mental health and wellbeing of young people while they transition into the workforce.

We work with young people every step of the way, from job seeking through to our unique post placement support which can include on-site support for new employees, as well as assistance with training for staff to increase awareness and understanding of mental health literacy, diversity and inclusion. Our support has flexible timeframes and we will work with a young person to assist them in sustaining employment and becoming independent.

Working alongside employers we collaborate to support a young person in their prospective role, ways we can assist include:

- Adapting and adjusting to the workforce
- Understanding the responsibilities and expectations in the workplace
- Having difficult discussions in the workplace
- Assisting the employee with any apprehensions they may have about the workplace environment
- Any personal issues they might be experiencing

IPS provides vocational support to young people accessing headspace Geelong's services.

IPS is a specialised program that brings competitive job opportunities to young people to obtain work that they are interested in and passionate about.

The IPS team work with up to 40 young people at a time, with varying levels of education, work experience and support needs. While some of our young people may require additional training and encouragement, others will have an extensive employment history and will be more capable of fulfilling the requirements of your vacant positions.

By employing someone through the IPS, you are solving staffing and talent attraction and retention challenges, while making a significant contribution to the life of a young person who is developing the skills to manage their mental health.

How can I support young employees?

We know that employers notice when one of their team is going through a tough time. Juggling the demands of life and employment can be challenging for a young person, and this can affect their performance and engagement at work

If you are worried about one of your employees, or have noticed changes in their mood, performance or behaviour, you can help a young employee to contact headspace for assistance and support.

Some employers may not feel comfortable taking about mental health with their team, headspace Geelong can provide advice on how you can approach this with your staff.

About headspace Geelong

headspace Geelong provide free mental health support to young people aged 12 to 25 years the Geelong region. We assist with all aspects of mental health, physical and sexual health, work and study, as well as alcohol and other drug support.

For more information, please contact our Vocational Consultants:

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