

Referral Guidelines



About headspace Horsham

headspace Horsham is operated by headspace National Youth Mental Health Foundation. We aim to provide a quality service system which promotes and facilitates the improvement of young people in the key areas of relationships, drug and alcohol, mental health, bullying, anxiety, depression, bad thoughts, uncertainty about future plans and vocational services.

headspace Horsham is a **FREE**, youth friendly and confidential service available to young people aged 12-25 years.

headspace Horsham is not an acute mental health or crisis service. If you have any immediate concerns regarding the safety or wellbeing of a young person or self, please call.

Service Provider	Phone Number
In the case of an Emergency	000
WHCG, Hospital	5381 9111
Kids Helpline	1800 551 800
Life Line	13 11 14
Ballarat Health Services	1300 661 323

How to refer

Self-Referral

Young people are encouraged to make contact by themselves, and can call, drop in or download the referral from our website.

Our referral form can be downloaded from our website

- <https://headspace.org.au/headspace-centres/Horsham>

Family Referral

Parent, carers or friends can refer a young person. The young person will need to be aware of the referral and willing to meet with a worker.

Our referral form can be downloaded from our website

- <https://headspace.org.au/headspace-centres/Horsham>

Service Professionals

GP's, allied health professionals, community-based agencies and schools can all refer to headspace using the referral form on our website.

Our referral form can be downloaded from our website

- <https://headspace.org.au/headspace-centres/Horsham>

Referral forms can be submitted by:

- Email info@headspacehorsham.org.au
- Fax (03) 5382 7254
- In person or post at 77 Hamilton Street, Horsham, VIC, 3400
- Call and complete over the phone on (03) 5381 1543

Once the referral is received a worker will contact the young person or an appropriate family member/carer to arrange a face to face appointment.