



Would you like to join the YRG?

Are you aged between 12 and 25 and live in the Maitland and Upper Hunter Region? Do you have something to say about health, mental health and drug and alcohol issues? headspace Maitland are looking for volunteers!

APPLICATIONS CLOSE MIDNIGHT MARCH 31 2016

What

The Youth Reference Group (YRG) is a bunch of dedicated young people who volunteer their time to help make headspace Maitland the best place possible for young people!

How

Fill out the application form which you can find on [our website](#) under 'More Information' then email it to the below address.

Contact

P: (02) 49 311 000

E: laura.hanlon@samaritans.org.au

W: <http://headspace.org.au/headspace-centres/maitland/>

headspace is all about providing young people with the opportunity to be heard and be active around youth mental health and alcohol and other drug issues. There are a number of roles you can play in the Youth Reference Group, including:

- Having a say about what is important to you
- Leading a project in your local area
- Website consultation and development
- Research and evaluation of headspace services
- Consultation around resource development such as, factsheets, brochures, radio ads etc
- Peer support and mentoring
- Media Spokesperson



headspace acknowledges Aboriginal and Torres Strait Islander peoples as the First Peoples of Australia and we pay our respects to their Elders both past, present and future.

headspace National Youth Mental Health Foundation is funded by the Australian Government Department of Health under the Youth Mental Health Initiative