



Adventure

Purpose

Strength

Resilience

Knowledge

SPARK!

Lost your SPARK? Want to reignite it?

This is the program for you!

This group will help you learn who you *are*, what you *value*, how to handle life's *ups* and *downs* and to find your *direction* in life in a fun, interactive way!

Who

Males and Females aged 15 - 18 years

When

8 week program; 4-6pm Wednesdays

Starting 21st October

Where

headspace Osborne Park

145 Main Street, Osborne Park

Contact

9208 9555 or info@headspaceospk.com.au