

EXPRESSION OF INTEREST

headspace Pilbara Youth Reference Group



What is the headspace Pilbara Youth Reference Group?

headspace is providing young people with the opportunity to be heard and be active around youth mental health and the social & emotional well-being of young people. There are a number of roles you can play in the headspace Pilbara Youth Reference group, including:

- Leading a project in your local area
- Website consultation and development
- Research and evaluation of headspace services
- Consultation around resource development like factsheets, brochures and radio ads
- Peer support and mentoring
- Media Spokesperson

By getting involved you will:

- Meet a wide range of people and have great fun doing it
- Have the opportunity to have your say and direct youth mental health services in Australia
- Develop new skills
- Make a difference to headspace Pilbara

headspace will provide some training to support you to participate in the above groups or activities

How do I get involved?

Complete the application form and email it to info@headspacepilbara.org.au

You can also email info@headspacepilbara.org.au or call 1800 290 626 if you have any questions about the YRG!

Who can apply?

We are looking for anyone aged between 16 and 25 who is looking to be involved with their local headspace service.

We are looking for about 10 local young people to join the group.

We want you to apply if you have an interest in the mental health and well-being of young people in the Pilbara Region.

The group is also keen to hear the voices of Indigenous young people, young people from different cultural backgrounds, young people from rural and remote areas, gay, lesbian, bisexual and transgender young people and young people who have been homeless

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Personal Details

Name

Phone

Email

Address

Date of Birth

Gender

What languages do you speak at home?

Where were you born?

Are you Aboriginal or Torres Strait Islander?

What is your interest in the mental health and wellbeing of Young People?

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About You

Please tell us a bit about yourself?

(For example: I am 15 years old, and attend alternative education centre 3 days a week, I like skate-boarding etc)

Please describe your areas of interest

Are you involved in any other organisations? If yes, which ones and what is your involvement?

Is there anything else you would like to tell us?