

Applications are now open for the:

## headspace Port Macquarie Family and Friends Reference Group

Are you supporting a young person with a mental health issue?

Have you had a mental health issue in the past?

Do you have an interest and passion around mental health and/or drug and alcohol issues?

If the answer is yes to any of these questions we want you!

### What is the headspace Family and Friends Reference Group?

As part of the Family and Friends Reference group you will:

- Provide advice on the continuing development of the headspace Port Macquarie centre and services to better engage and work with families and friends
- Have input into strategies and campaigns that target and support family and friends and represent these issues in the media when appropriate
- Provide feedback on family and friends related resources
- Advocate for improved services to address the needs of families and friends, recognising that participation is an essential component of quality improvement

By getting involved you will:

- Have the opportunity to have your say and direct youth mental health services in Australia
- Develop new skills
- Meet and work with other people who are passionate about youth mental health
- Make a difference to youth mental health
- Must have or willing to obtain Working with Children's Check (WWCC)
- Undergo Criminal check

headspace is a family and friends inclusive service.

We recognise Family and friends play an important role in a young person's mental health journey and we encourage parents, carers, teachers, friends, and the wider community to be involved.

### How do I get involved?

Applications are open until 9 July 2021.

Please, complete the application form and email it to [Kaitlin.Mackay@each.com.au](mailto:Kaitlin.Mackay@each.com.au)

# headspace Family and Friends Reference Group

## Application form

### Personal Details

Name	<input type="text"/>
Phone	<input type="text"/>
Email	<input type="text"/>
Address	<input type="text"/> <input type="text"/>
Date of Birth	<input type="text"/>
Sex	<input type="text"/>

What languages do you speak at home?	<input type="text"/>
Are you Aboriginal or Torres Strait Islander?	<input type="text"/>
Do you have a family member/friend with a mental illness? If yes, do they access <b>headspace</b> ?	<input type="text"/>
Do you identify as having/had a mental illness?	<input type="text"/>
Is this something that you would be happy (and feel comfortable) talking about?	<input type="text"/>

## About You

Please tell us a bit about yourself?

Please describe why you are interested in joining the Family and Friends Reference Group?

What skills and ideas could you bring to the Family and Friends Reference Group?

Are you involved with any other organisations or committees? If yes, what is your involvement?

Is there anything else you would like to tell us?