

A: 5b Murray Street Wonthaggi Vic 3995

W: www.headspace.org.au/wonthaggi

E: info@headspacewonthaggi.org.au

P: (03) 5671 5900

facebook: headspace Wonthaggi

Instagram: headspace_wonthaggi



We are looking for young people to be part of the headspace Wonthaggi Youth Advisory Group (YAG)

**Are you aged between 12 and 25 and live, work or study in South Gippsland/Bass Coast?
Do you have something to say about youth mental health?**

What is the headspace local Youth Advisory Group (YAG)?

- Leading a project in your local area
- Website consultation and development
- Research and evaluation of headspace services
- Consultation around resource development such as: factsheets, brochures, radio ads etc.
- Peer support and mentoring

By getting involved, you will:

- Have the opportunity to have your say and direct youth mental health services in Australia
- Develop new skills
- Meet and work with other young people who are passionate about youth mental health
- Make a difference to youth mental health

headspace will provide some training to support you to participate in the above groups or activities.

**Applicants must have a current Working with Children's Check and
must undergo a current and satisfactory police check**

How do I get involved? Complete the application form, scan and email it to info@headspacewonthaggi.org.au
or you can post or drop it into headspace - 5b Murray Street Wonthaggi 3995

Who can apply?

**We are looking for anyone aged between 12 and 25 who live, work and study
in South Gippsland/Bass Coast**

We want you to apply if:

- You have had your own experiences of feeling depressed, anxious or another mental health issue
- You have a friend or family member who has/or had a mental illness or drug addiction
- You feel passionate about and are interested in mental health issues
- This group is keen to hear the voices of ALL young people

If you think this group is for you - please apply!

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headspace Wonthaggi Youth Advisory Group (YAG) application form

Personal Details	
Name	
Phone	
Email	
Address	Street: Town: Post code:
Date of birth	

What languages do you speak at home?	
Where were you born?	
Are you Aboriginal or Torres Strait Islander?	
Are you from a rural or remote area?	
Do you have a family member with a mental health problem	
Do you identify as having/had a mental health problem?	
Is this something that you would be happy (and feel comfortable) talking about?	

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About You

Please tell us a bit about yourself?

(For example: I am 15 years old and attend an alternative education Centre 3 days a week. I like skate-boarding etc)

Please describe why you are interested in becoming a Youth Advisory Group (YAG) member?

What skills and ideas could you bring to the Youth Advisory Group?

Are you involved in any other organisations? If yes, which ones and what is your involvement?