

Position Description

headspace National Aboriginal and Torres Strait Islander Advisory Group Member - Young Person (18 – 25 years)

(Advisory Group member)

Location:

Department: Clinical Practice

Level: HS1

Employment Type: Fixed Term (Dates TBC)

Approved By: Vikki Ryall

Date Approved:

Agreed By: _____

Date Agreed: _____

1. HEADSPACE VISION

All young Australians are supported to be mentally healthy and engaged in their communities.

2. HEADSPACE MISSION

headspace collaborates to design and deliver innovative ways of working with young people to strengthen their mental health and wellbeing.

3. HEADSPACE VALUES

At headspace, we are inspired by and believe in the power of youth. We work together to deliver authentic, progressive and inclusive services to build a brighter future with young people. We know where we're going, we're guided by our values, and we're committed to getting there together. Our people play an important part in shaping our culture and therefore, all headspace employees are expected to undertake their work in accordance with the headspace values as follows:

- **Inclusion** - We have a welcoming, safe and inclusive work environment - we believe that there is strength in difference
- **Collaboration** - We share information and work collaboratively, internally and externally, to deliver great outcomes with young people

- **Agility** - We are agile and innovative in our approach, so that we continue to meet the changing needs of young people
- **Excellence** - We have dedicated people who are empowered to deliver on our promises so that we can provide professional, high quality services

4. POSITION SUMMARY

At headspace, we acknowledge that Aboriginal and Torres Strait Islander young people, their families and kin are experts in their own lives. We recognise the key role Aboriginal and Torres Strait Islander peoples and cultures have in improving the social and emotional wellbeing of Aboriginal and Torres Strait Islander young people, families and communities. The Advisory Group will provide advice to headspace National regarding effective approaches to engage and appropriately respond to the needs of Aboriginal and Torres Strait Islander young people across Australia.

5. POSITION CONTEXT

The Advisory Group will be made up of 10 members, including two positions reserved for young Aboriginal and/or Torres Strait Islander people. Other members of the group will include headspace staff, Lead Agency representatives and Elders from local land councils. Advisory Group members report directly to the Aboriginal and Torres Strait Islander Participation Advisor, with work outputs coordinated by the Head of Cultural Practice and Engagement.

Please note, headspace considers that being an Aboriginal and/or Torres Strait Islander person as a genuine occupational requirement for this position under s28 of the Equal Opportunity Act 2010 (Vic).

6. KEY RESPONSIBILITIES/OUTCOMES

The Advisory Group will be consulted on a number of headspace National topics and issues including:

- Implementation of the headspace Reconciliation Action Plan and related initiatives
- Review of the headspace model from an Aboriginal and Torres Strait Islander perspective
- Development and implementation of the Aboriginal and Torres Strait Islander headspace campaign
- Other work as identified

Advisory Group members will:

- Commit to a two-year term
- Actively participate in full day face to face meetings four times throughout the year in Melbourne and other capital cities
- Participate in teleconferences, email and online discussions on a semi-regular basis
- Respond to requests for feedback to headspace National
- Stay in regular contact with headspace National staff
- Conduct other duties as required

7. SELECTION CRITERIA

The following criteria must be met for consideration for this position.

It is an operational requirement that this position is occupied by a young Aboriginal and/or Torres Strait Islander person (aged 18-25).

7.1 Essential

- Have in-depth knowledge of, and passion for Aboriginal and Torres Strait Islander youth mental health
- Current or previous involvement with a local headspace centre (e.g.: as a recipient of services, member of Youth Reference Group)
- Ability and willingness to safely discuss your lived experience and Aboriginal and Torres Strait Islander youth mental health experiences more broadly
- Have the ability to work in a team actively participating in group discussions as well as working independently
- Motivation, willingness and commitment to participate and respond to communications on an ongoing basis

7.2 Desirable

- Experience serving as a member of a committee, advisory or reference group.

8. POLICIES AND WORKPLACE PRACTICES

All headspace employees are required to acquaint themselves with the organisation's policies and procedures and to abide by them at all times.

It is expected that at all times, employees will:

- be respectful towards the organisation, colleagues, clients and the general public
- be cognisant with and uphold the objectives and philosophy of headspace
- act collaboratively with all colleagues
- act in a safe and responsible manner at all times

Please respond to the following as part of your application:

1. Please tell us about yourself and why you are interested in applying to be part of the Advisory Group
2. Please tell us about the passion, skills, qualities or experiences that would make you a valuable Advisory Group member. We recommend you read through the key selection criteria listed above, before responding
3. From your perspective, what are some of the most relevant issues, policies or challenges faced by young Aboriginal and Torres Strait Islander people? How do these issues impact the wellbeing of young Aboriginal and Torres Strait Islander people?
4. What improvements or developments could be made to services to better serve Aboriginal and Torres Strait Islander young people?
5. The first face-to-face meeting for the program will occur in February 2020. Do you anticipate anything that may prevent you from travelling to Melbourne during the month of February?
6. Is there anything else you would like to tell us?